### SOUTH LODGE



# STAY AT THE REEDS

4 nights for the price of 3

Brighton Road, Lower Beeding Horsham, West Sussex RH13 6PS exclusive.co.uk/south-lodge





### RETREAT INTO NATURE

Time to immerse yourself into the landscape for a few days

Experience a tranquil four-day nature escape at The Reeds at South Lodge, where luxury meets the great outdoors. Nestled by serene lakes and surrounded by lush landscapes, this immersive retreat is perfect for recharging and reconnecting with nature. Wake up to birdsong, breathe in fresh countryside air, and set your own pace for relaxation or exploration.

The Reeds lodges at South Lodge offer the perfect balance of seclusion and luxury, yet with all the comforts of a luxury hotel and spa just a quick buggy ride away. Here, you can indulge in award-winning dining, relaxing spa treatments and lush gardens, or take a refreshing dip with a spot of wild swimming in the lake — all while being immersed in the serene beauty of the Sussex countryside. It's the perfect balance of getting away from it all while still having every luxury at your fingertips.

Enjoy full access to the award-winning spa, featuring soothing treatments, indoor and outdoor pools, and rejuvenating thermal experiences. For those seeking activity, the gym and tennis courts are available, or head out to explore. Visit a nearby vineyard for tastings or wander a scenic stretch of the iconic South Downs Way.



Dine at your leisure across three exceptional restaurants, each offering unique and mouthwatering menus that celebrate seasonal ingredients. Whether it's a light Mediterranean-inspired lunch at Botanica, a refined dinner at Camellia, or an intimate chef-led Michelin-starred experience at The Pass, your taste buds are in for a treat.

Throughout the day, enjoy peaceful moments in your lodge, where the tranquil surroundings offer a sense of calm. And as each day winds down, return to your elegant lodge with its private terrace overlooking peaceful waters, perfect for quiet reflection. This restorative nature break at The Reeds offers the freedom to unwind, explore, and savour every serene moment in harmony with the beautiful Sussex countryside.

### TIME TO RELAX

Some ideas of how you might like to spend your time while staying. But of course, it's your stay, so do it your way...

### Day One - Settle In & Soak It Up

Arrive whenever suits you – there's no rush. If your lodge isn't quite ready yet, why not:

- Slip straight into the spa for a little pre-check-in unwind.
- Grab a coffee on Botanica's terrace and ease into the surroundings.
- Lounge by one of the pools and breathe in the Sussex air.
- Take a stroll through the grounds to get your bearings.

From 3pm, head to your lodge, unpack (or don't!) and settle in:

- Sip on your welcome seasonal cocktail and enjoy the treats waiting for you.
- Step out onto your deck, take in the sounds of nature, and just... be.
- Spot the chilling bottle of Ridgeview English sparkling wine ready to enjoy whenever the moment feels right.

When you're ready for dinner:

- Call for your 'on call' buggy to whisk you over to Botanica for a relaxed first-night dinner of Mediterranean flavours and sharing plates.
- Dine at your own pace, then let us know when you'd like a ride back to your lodge.

Sink into bed for a deep, restful sleep.



### Day Two- Slow Mornings & Spa Bliss

Take the morning at your own pace:

- Have a breakfast hamper quietly delivered to your lodge's cubby hole, no interruptions, just you and a slow start to the day.
- Linger over coffee in the lounge or on your deck overlooking the lake.
- Housekeeping will stop by, just let us know when works for you.

When you're ready, it's time to spa:

- Step into total relaxation sauna, steam, three pools, endless loungers.
- Treat yourself to a light, fresh lunch at Botanica.
- Book a treatment massage, facial, body wrap, or maybe a manicure.

Back at your lodge, make the most of your private space:

- Raid the stocked fridge and snack drawer.
- Sink into a deep soak in your deck spa bath.
- If you're in a spa lodge, enjoy your very own steam and sauna session.

Tonight, why not go all out with a Michelin-starred experience?

- The Pass offers a tasting menu that's pure artistry, with a perfectly paired wine flight to match.
- Dress up (or don't your call!), hop in the buggy, and let the night unfold.







### Day Three - Energy & Exploration

After another dreamy night's sleep, fuel up with a full English in Camellia, you'll need it for today's adventures!

### Get active in the morning:

- Join a wild swimming session in the lake.
- Hit the tennis court for a friendly match.
- Take a fitness class or fit in a gym session.

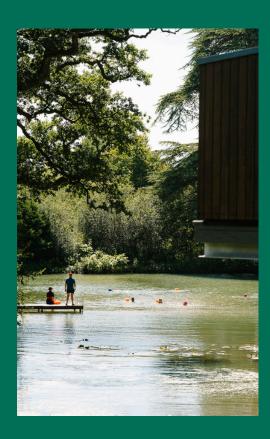
Lunch is at leisure - take your time, enjoy the moment.

### For the afternoon, immerse yourself in nature:

- Book a private Shinrin-yoku (Japanese forest bathing) and breathwork session with our expert, Helena Skoog.
- Let the tranquil environment work its magic before heading back to your lodge to keep that sense of serenity going.

### Dinner tonight? Take it easy.

- A charcuterie hamper delivered straight to your door the perfect relaxed feast and if it's a cool evening be sure to light the fire too.
- Maybe open that bottle of fizz, if you haven't already...









### Day Four - Adventure Awaits

If you enjoy practising yoga, go through the moves on your deck – there's truly no better setting.

Then, brunch at Botanica – a leisurely start before heading out to explore. What's calling you today?

- A tour of local vineyards English wine at its finest.
- A hike along the South Downs Way rolling hills and breathtaking views.
- A wildlife safari at Knepp rewilding estate nature unfolds in its most raw, untamed, and breathtakingly beautiful form.
- A cultural escape Petworth House or Brighton Pavilion, both bursting with history, art and a bit of romance.

Back at your lodge, a complimentary afternoon tea hamper will be waiting - the perfect treat after a day out.

Unwind in the spa, or simply enjoy the peace of your lodge before dinner.

• Enjoy a cocktail in the hotel lounge before settling in at Camellia, where local, seasonal flavours shine.

Then, another restful night's sleep.



### Day Five- One Last Dip (Or Two...)

What was your favourite breakfast? Have it again!

Check out is by 11am, but that doesn't mean you have to head off straight away. Stick around and:

- Spend one last morning in the spa stay as long as you like.
- Maybe another wild swim to wake you up?
- Or a final treatment, ensuring you leave feeling completely rejuvenated.

Then, when you're ready, it's time to head off – relaxed, refreshed, and already planning your next visit...









### THE LODGES

### A Stay Like No Other

Tucked away, our eight lodges offer a secluded retreat where nature, luxury, and wellbeing intertwine. Choose from six Lakeside Lodges, perched at the water's edge with breathtaking views, or opt for one of our two Spa Lodges, set back a little and featuring indulgent wellness extras.

# Signature Experience in Every Lodge

No matter which you choose, every lodge has been thoughtfully designed with sustainability in mind and offers:

- A cosy lounge with breathtaking views and a warming fireplace — perfect for snug evenings in, whether you're lost in conversation or unwinding with a movie or your widescreen TV.
- A well-equipped kitchenette with a fridge sink, toaster, pod coffee machine, and kettle — just enough to make life easy without having to do too much!
- A beautifully designed bathroom with a luxurious walk-in shower, an elegant freestanding bath, and indulgent Pelegrims bathing products for a touch of spa-like serenity.
- A private sun deck with fully sliding doors, effortlessly blending indoors and out for a true alfresco living experience.
- A stunning outdoor spa copper bath, perfectly placed for soaking under the stars or embracing the morning light.
- Floor-to-ceiling glazing that floods the space with natural light and frames stunning views across the lake.

# To make your stay even more special:

- Breakfast, your way whether you'd like to dine in one of our restaurants or enjoy a hamper delivered to your lodge.
- A seasonal welcome cocktail and handpicked treats waiting for you on arrival.
- A bottle of Ridgeview English sparkling wine, perfectly chilled for when the moment feels right.
- Complimentary tea, coffee, soft drinks, and grazing snacks, replenished throughout your stay.
- Extended spa access, from 10am on the day of arrival until 5pm on the day you check out.



## Lakeside Lodges

### A Front-Row Seat to Nature

For those who love to be by the water, our Lakeside Lodges offer an immersive escape with direct views across the lake. Each one features:

- A spacious downstairs king-size bed, with an upstairs twinnable double and a child's pullout bed — perfect for families or groups looking to relax in comfort.
- One lodge features full mobility accessibility on the ground floor, designed to ensure comfort and ease for guests with restricted movement



# Spa Lodges

#### The Ultimate Wellness Retreat

Designed for those in search of ultimate relaxation, our Spa Lodges offer exclusive private spa facilities that elevate your stay into a truly exceptional getaway.:

- A sumptuous king-size bed for a perfect night's sleep, complemented by breathtaking views from an uninterrupted elevated position.
- A steam shower, creating a spa-like experience that transforms your private sanctuary into a haven of relaxation.
- An infrared halotherapy sauna, designed to enhance your wellbeing and provide a deeper level of relaxation.
- A dining table, ideal for savouring one of our delicious hampers brought straight to your door, all within the comfort and privacy of your lodge.





## THE DETAILS

### 4 nights for the price of 3

Our lodges are available to book throughout the year, offering the perfect escape whenever you need it.

#### Lakeside Lodges:

from £1,200 B&B per night

### Spa Lodges:

from £1,400 B&B per night

### Stay a Little Longer - On Us

Book a three night stay, and we'll treat you to a fourth night free, plus a complimentary afternoon tea hamper delivered to your lodge when you want, because every great getaway deserves a little extra indulgence.

### Lakeside Lodges:

- from £4,800 £3,600 for four nights B&B Spa Lodges:
  - from £<del>5,600</del> £4,200 for four nights B&B

## Ready to book? <u>Book here</u> or call <u>01403 892235</u> to plan your stay

All bookings are subject to availability. Optional extras are available at an additional charge and subject to availability.
Spa access for children is limited to dedicated splash times.





